CENTRIFUG, LLC

VCQB[®] INSTRUCTOR OCT 07-11, 2024

CARBONDALE, I

5 DAY ACCELERATED SHOOTING CLASS FOCUSED ON POSITIONAL SHOOTING AND CRITICAL LIGHT MANIPULATIONS IN AND AROUND VEHICLES.

Hosted By:





VCQB Instructor Syllabus

Training Day 1 (8a-1130a)

Classroom:	Administrative paperwork
	VCQB defined
	13 Principles of VCQB
Range:	Safety / med brief
-	Positional work handgun
	Positional work carbine
	Seeing and moving

Training Day 1 (1130a-4:30p)

Classroom:	Lunch
	Video diagnostics
Range:	Vehicle ballistics
-	Vehicle staging and range management
	Context of opposed tactics and HRVS
	Working from inside the vehicle out
	Ballistics, seatbelts, finding a lane and muzzle orientation
	Bailout drill in pairs
	Student evaluations and homework assignments

Training Day 2 (8a-11:30a)

Classroom: Video diagnostics Vehicle based behavior patterns Range: Safety / med brief Counter ambush drill solo Vehicle staging and range management

Training Day 2 (1130a-4:30p)

Classroom: Lunch

Video diagnostics Counter ambush drill pairs Student evaluations and homework assignments

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Training Day 3 (8a-1130p)

Classroom: Video diagnostics Range: Safety / med brief External vehicle work Solo vehicle 9 hole drill and range limitations Lateral runs solo handgun

Training Day 3 (11:30-4:30p)

Classroom:	Lunch
	Video diagnostics
Range:	Vehicle staging and range management
	Principles of structures and vehicles
	Lateral runs paired handgun
	Alphabet soup
	Injured shooter workshop
	Injured shooter vehicle drill
	Student evaluations and homework assignments

Training Day 4 (3p-630p)

Classroom:	Video diagnostics
	VCQB Instructor written exam
Range:	Safety / med brief
-	VCQB Instructor shooting qualification
	Vehicle staging and range management
	Lateral runs paired handgun / carbine

Training Day 4 (6:30p-1130p)

Classroom:	Lunch
	Video diagnostics
Range:	Safety / med brief
	Vehicle staging and range management
	Low light principles and theory
	Lateral run solo handgun with handheld
	Lateral run solo handgun with wml
	Lateral run pairs handgun / carbine
	Alphabet soup low light / pairs
	Student evaluations

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Training Day 5 (8a-11:30a)

Classroom: Intro to NLTA UTM Instructor material Range: Safety / med brief NLTA safety considerations and protocol NLTA drills with reactionary targets

Training Day 5 (11:30a-5p)

Classroom: Lunch Range: NLTA vehicle staging and range management NLTA drills with opposition Student evaluations Course debrief VCQB / NLTA instructor certs and material Range clean up

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VCQB[®] Instructor Student Loadout

- Handgun with at least 3 magazines (5 if single stack) and magazine pouch.
- Holster must attach via the belt (paddle holsters are not allowed). Holsters must provide an active
 or passive retention device and be able to keep the holster in place while running or moving in and
 out of awkward positions. No SERPA or Vanguard type holsters.
- Carbine with sling. A weapon mounted light is strongly recommended (if allowed by department SOP). A minimum of 3 magazines and a method to secure them is required. Carbine needs to be zeroed prior to class.
- Ammunition: 1000 rounds handgun / 600 rounds carbine (no green tip).
- NLTA handgun (we can supply the weapon platforms if you're using UTM)
- NLTA carbine (we can supply the weapon platforms if you're using UTM)
- NLTA: 100 rounds handgun / 100 rounds carbine.
- PPE for force on force training.
- CAT or SOF T TQ on your person is mandatory and an IFAK is recommended.
- A laptop or tablet for nightly homework and a USB drive.
- Cleaning kit and gun lube.
- Eye protection and electronic ear protection.
- Long sleeve shirt, gloves, knee pads are mandatory. Elbow pads and shemagh (face wrap) are optional.
- Full duty belt / tactical loadout (your normal work setup).
- Handheld flashlight, extra batteries and clear eye protection for low light work.
- 2 chem lights (any color).
- Notepad, pen, perm marker and thumb drive (needs 4 gigs of available space).
- Multi tool (Multitasker / Gerber / Leatherman).
- Water and snacks.